

# Do you want to stay safe while injecting drugs alone?

Our BuddyUp app offers remote,  
confidential support and will send  
help in a crisis.

It could save your life.

**CRANSTOUN**  
Empowering People, Empowering Change



**Download the app and connect with us when you're about to use. Our volunteers will make sure you're okay. And if you aren't will send help, no questions asked.**

**BuddyUp volunteers are trained to listen and to protect your privacy.**

Find out more:  
[www.cranstoun.org/buddyup](http://www.cranstoun.org/buddyup)



**You can also search BuddyUp on the App Store or Google Play.**

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